



i'm
HADLEY
HEN

MARCH

2020

TDA's March 2020 Menu Calendar

SCHOOL BREAKFAST WEEK

MARCH 2-6

SquareMeals.org/SBW

M

Breakfast:
Breakfast Pizza
Lunch:
Taquitos **2**

T

Breakfast:
French Toast &
Sausage
Lunch:
Chicken Nuggets **3**

W

Breakfast:
Power Breakfast
Lunch:
Meatball Subs **4**

TH

Breakfast:
Pancake Wrap
Lunch:
Cheese Pizza **5**

F

Breakfast:
Biscuit & Sausage
Lunch:
Cheeseburger **6**

Breakfast:
Kolache & Yogurt **8**
Lunch:
Steak Fingers **9**

Breakfast:
Cheese Omelet
Lunch:
Boneless Chicken
Wings **10**

Breakfast:
Waffles &
Sausage
Lunch:
French Bread
Pizza **11**

Breakfast:
Breakfast Pizza
Lunch:
Quesadilla **12**

Breakfast:
French Toast
& Sausage
Lunch:
Popcorn Chicken **13**

**Spring
Break**

16

**Spring
Break**

17

**Spring
Break**

18

**Spring
Break**

19

**Spring
Break**

20

Breakfast:
Waffles
Lunch:
Mini Corn Dog/
Corn Dogs **23**

Breakfast:
Breakfast Pizza
Lunch:
Xtreme Burrito **24**

Breakfast:
Power Breakfast
Lunch:
Nacho Grande **25**

Breakfast:
Cheesy Toast
Lunch:
Hamburger Steak **26**

Breakfast:
Sausage, Egg, &
Cheese Biscuit
Lunch:
Pepperoni Pizza **27**

Breakfast:
Biscuit & Sausage
Lunch:
Hot Dogs **30**

Breakfast:
Breakfast Burrito
Lunch:
Chicken Nuggets **31**

GOOD EATS AT

Prices:
Breakfast:
Students: Free
Adults: \$2.75
Lunch
Students: \$2.75
Reduced: \$0.40
Adults: \$4.00

SPECIAL ANNOUNCEMENTS

Breakfast Includes:
Fruit, juice and /or milk
Lunch Includes:
Choice of vegetables,
fruits, and milk



The Art Contest Continues!

Enter today! Deadline next month!

SquareMeals.org/ArtContest



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



This product was funded by USDA.
This institution is an equal opportunity provider.



HADLEY HEN



Hadley Hen was always a smart chick, but one day a radioactive ray of sunlight landed on her head and gave her super intelligence. The eggs that she lays provide protein, vitamins and minerals for kids every day at breakfast. Eggs are a smart way to make the grade and help you feel great all day!

HADLEY HEN'S FAVORITE ACTIVITY

Bowling



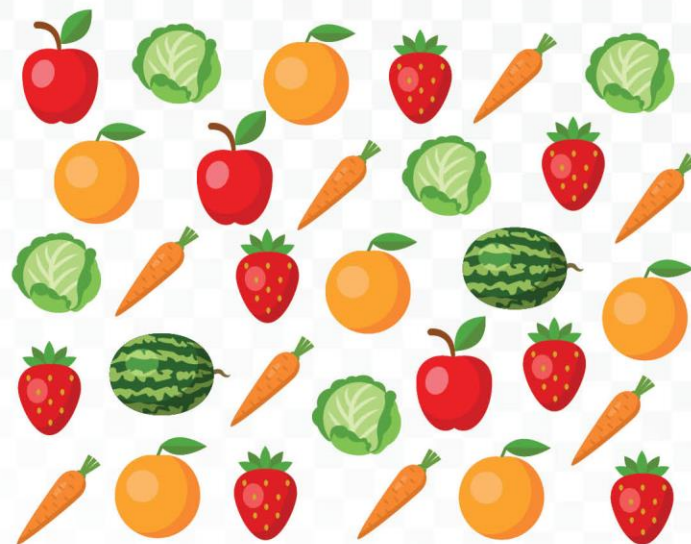
WHAT TO KNOW

This month celebrate School Breakfast Week in Texas by starting each day with healthy Texas Foods.

School Breakfast Week is a great time to try foods from farms and ranches in every part of the state! There are almost 250,000 farms and ranches in Texas and that is more than any other state. Eggs, milk, lean meat, fruit, vegetables, and whole grains are all part of a good breakfast- and they're all produced right here in Texas.

HOW MANY?

Count the correct number of each fruit or vegetable below.



FUN FACT

Eggs are an "egg-cellent" source of choline, a nutrient your entire body needs to grow!

POWER BRAIN POWER














JOKE OF THE MONTH

Q: What did Snow White call her chicken?

A: Egg White



	_____		_____
	_____		_____
	_____		_____

5		8	
3		7	
2		6	